



# Meigs County Health Department 2023 Annual Report

Meigs County Health Department • 112 East Memorial Drive, Suite A • Pomeroy, Ohio  
(740) 992-6626 (740) 992-0836 Fax  
Find us at: [www.meigs-health.com](http://www.meigs-health.com)



**Public Health**  
Prevent. Promote. Protect.

**Meigs County  
Health Department**

**Mission:** The Meigs County Health Department's (MCHD) mission is to prevent, promote, and protect the health and well-being of Meigs County.

**Vision:** The MCHD's vision is to be a leader in public health, providing solutions to community health challenges so that people may enjoy optimal health in a clean and safe environment.

**Values:**

- **Prevention Focused:** We believe that the best investments in the public's health are those that prevent the spread of disease, foster optimal wellness and promote healthy behaviors.
- **Accountable:** We are open and honest in our relationships and good stewards of available resources.
- **Community Centered:** We build and sustain our public health system through partnerships that improves health outcomes for all.
- **Evidence-based:** We implement strategies that are based on science and best practices.
- **Social Justice:** We work to eliminate health disparities and advocate for the needs of the underserved.
- **Respect:** We treat everyone with dignity, sensitivity, and compassion.



- ❖ The Board of Health (BOH) meets the 2<sup>nd</sup> Tuesday of each month in the MCHD's conference room.
- ❖ BOH Meeting minutes can be found on the MCHD website.
- ❖ The District Advisory Council (DAC) Annual Meeting was held March 23, 2023. The DAC is a group of political county leaders responsible for appointing BOH members per Ohio Revised Code 3709.03.

**MEIGS COUNTY BOH**



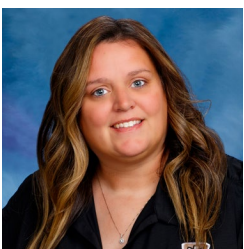
Mr. Roger Gaul  
BOH President



Mrs. Edna Weber  
BOH Vice President



Wilma Mansfield, MD  
BOH Medical Member



Mrs. Pam Patterson  
BOH Member



Mr. Eric Rock  
BOH Member



Douglas Hunter, MD  
Contract Medical Director



Marcus 'Marc' Barr, MS  
Health Commissioner



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### Message from the Health Commissioner

2023 was a very successful year for the MCHD! In addition to maintaining the services we have traditionally provided, we also secured additional funding via an Ohio Department of Health Workforce Public Health grant. The additional grant dollars will provide pathways to recruit, hire, and retain a public health workforce reflective of the community in which we serve. We plan to maximize the return on investment within Meigs County. Our staff is Meigs County proud and excited to continue to serve the public. I invite you to visit our website, [www.meigs-health.com](http://www.meigs-health.com) to see the extensive list of services provided. I wish you and your family a wonderful 2024!





Courtney Midkiff, BSC  
Administrator/Registrar



### **Message from the Administrator**

Most people (who do not work in the field) rarely think about public health or appreciate it until a crisis such as a devastating pandemic captures our attention. But public health staff, like the ones at the Meigs County Health Department (MCHD) work daily to keep people healthy and safe by preventing disease and injury. Did you know that public health initiatives such as vaccinations, food safety regulations, and clean air and water policies increased life expectancy in the U.S. by more than 30 years between 1900 and 2020?

The Centers for Disease Control (CDC) Foundation defines public health as “the science of protecting and improving the health of people and their communities.” The three Ps of public health are Prevention, Protection, and Promotion. These are the core functions of public health.

Throughout 2023, our staff worked to:

1. Provide nutrition education, breastfeeding support, and access to quality foods to more than 400 infants, women, and children.
2. Review and approve plan reviews for all food-related operations according to State regulations.
3. License and inspect (according to State regulation) restaurants, schools, service stations, and other facilities (including mobiles) that serve food, to avoid food-borne illness outbreaks.
4. License and inspect (according to State regulations) campgrounds, schools, public pools, and other facilities for safety purposes.
5. Advise, design, and issue permits for household sewage treatment systems (HSTS).
6. Write grant applications to provide funding to those income and otherwise eligible residents to repair and replace failing HSTS.
7. Ensure access to clean water via testing and private water well permitting and inspecting.
8. Administer vaccinations to residents of all ages (some of whom may be un/underinsured).
9. Install or improve parks, walking paths, and other areas for physical activity; establish community gardens; and assist with infrastructure to ensure pedestrian safety.
10. Provide access to care by hosting and/or promoting mobile units offering mammograms, reproductive health, primary care, and lung screening and administering the Meigs Co. Cancer Initiative’s (MCCI) Transportation Assistance Program.
11. Conduct and oversee Community Health Assessment and Community Health Improvement Planning.
12. Coordinate emergency preparedness planning, exercises, and response with stakeholders.
13. Issue certified copies of birth and death certificates; provide genealogy assistance.
14. Provide safe sleep surfaces for families in need with infants and toddlers.
15. Offer health education on various topics; participate in community events.
16. Investigate animal bites; investigate, report, and work to abate nuisance complaints.



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**Message from the Administrator cont.**

17. Make referrals for services; promote health-related services offered by other stakeholders.
18. Serve on various health-related coalitions.
19. Perform numerous clinical services including, but not limited to head checks, blood pressure assessments, childhood lead testing, and pregnancy testing.
20. License refuse haulers and inspect trash trucks.
21. Assist facilities to enable access to healthier food options.
22. Support families of children with medical handicaps.
23. Provide training and Narcan for use by first responders and the general public.
24. Monitor, report, and follow-up with residents affected by communicable diseases.
25. Write grants to coordinate Meigs County Clean-Up Day, scrap tire amnesty, and mosquito control initiatives.
26. Precept students and provide internships to support the workforce.
27. Improve and innovate through evaluation, research, and quality improvement.

In conclusion, public health touches every one of us in one way or another. It might not always be the most glamorous or recognized field of service, but you can count on your MCHD staff to remain dedicated to our mission: to preserve, promote, and protect the health and well-being of Meigs County. We strive to be a leader in public health, providing solutions to community health challenges so that people enjoy optimal health in a clean and safe environment. You are invited to stop by our office at 112 E. Memorial Drive in Pomeroy Monday-Friday from 8AM-4PM, attend a Meigs County BOH meeting on the second Tuesday of each month at 5PM, visit [www.meigs-health.com](http://www.meigs-health.com), or email us at [courtney.midkiff@meigs-health.com](mailto:courtney.midkiff@meigs-health.com) to partake in our many services, to provide us with your feedback, or to get more information.



Courtney Midkiff, BSC  
Administrator/Registrar



Michelle Willard, AAB  
Accreditation Coordinator/  
Plan & Policy Compliance  
Officer/Deputy Registrar



Shauna Chapman, AAB  
Administrative Assistant/  
Vital Statistics Clerk

### VITAL STATISTICS

Registered Home Birth	5
Non-Birthing Facility Birth Registered	1
Certified Birth Certificates Issued	494
Certified Death Certificates Issued	843
Burial Transit Permits Issued (includes some for other Ohio counties)	279
Certificates of Service	0
Fetal Deaths Registered	0
Free Veterans' Copies Issued Upon Request	3
Total Revenue Collected	\$34,545.00
Total Revenue Collected & Remitted to ODH from Certified Copy Sales and Burial Permits	\$18,557.32

❖ Genealogy assistance is provided to the public as requested.

### DEATHS

Total Registered Deaths Occurring in Meigs County	213
Natural Deaths	191
Accidents (14 overdose, 1 agricultural, 3 car, 1 fall)	19
Homicide	1
Suicides (2 gun-shot wound)	2
Undetermined	0
COVID as Immediate Cause	1
COVID Listed on Death Certificate	4
Top Causes of Death	Cardiac, Cancer, Respiratory, Alzheimer's/Dementia

### CHILD FATALITY BOARD

❖ 5 child deaths that occurred in 2022 were reviewed on March 16, 2023 during the annual convening of the Meigs County Child Fatality Review Board.





Courtney Midkiff, BSC  
Administrator/Registrar



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**CANCER PATIENT TRANSPORTATION ASSISTANCE PROGRAM**

The MCHD collaborated with the Meigs County Cancer Initiative (MCCI) to disseminate gas vouchers and food cards to Meigs County Cancer patients traveling to medical appointments.

Month	Patients Served	Gas Vouchers	Food Gift Cards
January	12	20	6
February	12	20	6
March	11	20	6
April	17	31	10
May	14	26	7
June	14	22	6
July	14	25	9
August	17	29	11
September	14	26	9
October	10	19	7
November	10	19	6
December	12	22	8



**MCCI**  
Meigs County Cancer Initiative, Inc.

**MOBILE MAMMOGRAPHY CLINICS**

Collaborative efforts between the MCHD and The Ohio State University:

Total OSU Mammography Screenings Available	76
Total Mammography Screenings Completed	64
Total Ladies Necessitating Follow Up	7
Total Breast Cancer Diagnosis	1
Total Clinics Hosted	4
Total Screenings Paid for by Southeast Ohio Breast and Cervical Cancer Project (SEOBCCP)	6
Total Screenings Paid for by Medicare, Medicaid, or Commercial Insurance	58



❖ The MCHD is the host location for the Ferman E. Moore American Cancer Society Cancer Resource Center.

**OTHER**

Midkiff is a member of the Meigs County Family and Children First Council (FCFC), Chair of Get Healthy Meigs! (GHM!), member of Meigs County Local Emergency Planning Committee (LEPC), Meigs County Healthcare Coalition, BTeam (for ODH PHEP grant), and the Appalachian Translational Research Network (ATRN). Midkiff also serves on one Community Advisory Board for OSU research projects and the OSU/Meigs Co. Extension/4H Advisory Board, Hopewell Health Center Partnership to Achieve Compliance & Savings (PACS) Pathways HUB, & COAD Community Advisory Board.



Courtney Midkiff, BSC  
Administrator/Registrar



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Shauna Chapman, AAB  
Administrative Assistant/  
Vital Statistics Clerk

### 2023 Financial Report

Please see the 2023 Annual Financial Report completed by Charles E. Harris & Associates on the Meigs County Health Department's website [www.meigs-health.com](http://www.meigs-health.com).

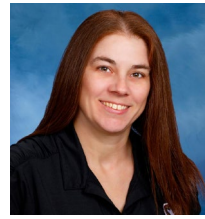




Leanne Cunningham,  
RN, BSN  
Director of Nursing



Angella Rosler, RN  
Public Health  
Nurse



Michelle Marcum,  
RN, BSN  
Public Health Nurse



Sherry Hayman, RN  
Public Health Nurse  
Certified Tobacco  
Treatment Specialist  
Retired May 2023

### **2023 PUBLIC HEALTH NURSING PROGRAM HIGHLIGHTS**

#### **“PROJECT DAWN” PROGRAM (Deaths Avoided with Naloxone) to address opioid overdoses in an attempt to save lives:**

- ❖ 203 Naloxone kits provided to 72 community residents
- ❖ 46 Naloxone kits provided to 8 Law Enforcement and First Responder Agencies
- ❖ Trainings were facilitated at Meigs County Department of Job and Family Services (MCDJFS) Child Support Division, Meigs Local School District, Integrated Services, Meigs County Schools’ Safety Council, Chamber of Commerce Harm Reduction Lunch & Learn, and the Carleton School Health Fair.
- ❖ The MCHD participated in the following events: Lost Voices Recovery Walk, Meigs County Council on Aging Senior Citizens Health Fair, Meigs County Prevention Day at the Meigs County Fair, and MCDJFS Ohio Means Jobs Resource Fair.

#### **IMMUNIZATIONS:**

- ❖ 767 vaccines administered during daily in-house Immunization Clinics to 504 people including:
- ❖ 43 Flu shots administered at the Seventh Annual Drive-Thru Flu Shot Clinic that have been held at the Meigs County Farmers’ Market since 2020. Clinics from 2017-2019 were held at the Meigs County Fairgrounds.
- ❖ Additional Outreach Flu Clinics were held at the Meigs County Courthouse, Carleton School, and the Meigs County Council on Aging.
- ❖ COVID-19 Vaccine Clinics were held at the MCHD Monday through Thursday each week by appointment.
- ❖ 253 Flu Shots were administered in 2023.
- ❖ 245 COVID-19 vaccines were administered in 2023.
- ❖ An additional COVID-19 vaccine clinic was held at Carleton School.
- ❖ 2 infant and 11 adult RSV vaccines were administered in 2023.

#### **OTHER SERVICE NUMBERS:**

- ❖ 1 Adult requested vision assistance
- ❖ 0 Children requested vision assistance
- ❖ 2 Lead and Hemoglobin Tests were provided
- ❖ 5 Children received blood lead investigation follow-up services
- ❖ 40 Pregnancy tests were provided
- ❖ 33 Head lice checks were performed
- ❖ 16 Walk-in blood pressure checks were provided
- ❖ 0 Rapid HIV test were performed; residents are referred to ohio.gov for tests
- ❖ 0 Hepatitis C tests were administered due to lack of test kits provided by the Ohio Department of Health

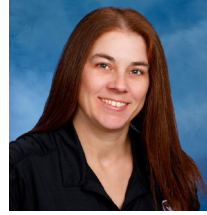




Leanne Cunningham,  
RN, BSN  
Director of Nursing



Angella Rosler, RN  
Public Health  
Nurse



Michelle Marcum,  
RN, BSN  
Public Health Nurse



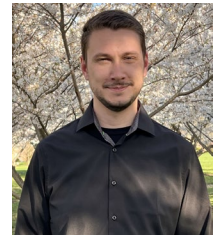
Sherry Hayman, RN  
Public Health Nurse  
Certified Tobacco  
Treatment Specialist  
Retired May 2023

### **SUDDEN INFANT DEATH SYNDROME (SIDS) REPORTING AND CASE INVESTIGATION:**

- ❖ 0 Families of SIDS victims were contacted during 2023

### **COMMUNICABLE DISEASE:**

- ❖ 1,324 Investigations of reportable communicable diseases
- ❖ Top reportable diseases in 2023 for Meigs County:
  - #1 COVID-19-(1175 cases)
  - #2 Lyme Disease-(37 cases)
  - #3 Rocky Mountain Spotted Fever-(26 cases)
  - #4 Chlamydia-(26 cases)
  - #5 Influenza-Hospitalized Cases-(11 cases)
  - #6 Campylobacteriosis-(7 cases)



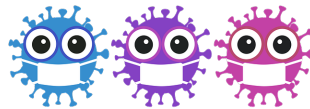
Nathan Christian  
Regional  
Epidemiologist  
Athens City-Co.  
Health Dept.

### **COVID TESTS**

- ❖ The MCHD continued its collaboration with the Meigs County District Public Library in distribution of at-home COVID-19 tests.

### **COVID GRANT**

Through grant funds from ODH, the MCHD partnered with Ohio University Heritage College of Medicine Community Health Programs (OUHCOM-CHP) to offer mobile outreach COVID-19 clinics during 2023. These clinics were offered in multiple locations, including Tappers Plains, Reedsville, Syracuse, Racine, Middleport, and the Meigs County Fairgrounds.



### **RETIREMENT**



After more than 19 years of dedicated service to residents of Meigs County, Sherry Hayman, RN, CTTS (Certified Tobacco Treatment Specialist) retired on May 31, 2023. Sherry had worked in multiple positions over the years, including, but not limited to, head lice eradication, the Meigs County Dental Clinic, and as a public health nurse doing immunizations, infectious disease, reproductive health, medical billing, and tobacco use screening and education. Sherry was a very familiar face to many who used the MCHD's services and a true asset. She is missed! Thank you, Sherry, for your dedication!



Angella Rosler, RN  
PHN, CMH  
Coordinator



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### CHILDREN WITH MEDICAL HANDICAPS

‘CMH’, the program for Children with Medical Handicaps, previously known as ‘BCMh’ is a comprehensive health care program funded in part by the Ohio Department of Health. The Meigs County CMH program served 145 families with an average monthly caseload of 88 children in Meigs County in 2023. These families were eligible to receive personalized service coordination in addition to secondary health care coverage that may have included medications, copays, diagnostic procedures, physician visits, and even equipment that they may not have been able to afford otherwise.

The CMH program is multifaceted with 3 main components for eligibility. The ‘**Diagnostic program**’ is a 6–9-month coverage that covers diagnostic testing, with medical eligibility being the only determinate (no income limit). These medically eligible families still benefit from the coverage of testing and studies that can sometimes be astronomical in cost in finding the appropriate diagnosis during that 6–9-month period. The ‘**Treatment program**’ is a more comprehensive coverage that is renewed annually and requires yearly financial and diagnostic eligibility. Many local families benefit from this program for their medications, procedures, and equipment/supplies. Unlike Medicaid and other similar programs, CMH considers multiple factors in income including medical costs accrued. The ‘**Service Coordination program**’ provides ongoing assistance with a selected service provider and local public health nurse, this program is not financially restrictive but is selective in diagnosis that qualify. Although each program stands alone, many children join the program participating in all 3 simultaneously. All programs provide public health nurse services, meaning personalized service coordination.

As part of the public health nurse services, Meigs County CMH served 25 families in collaboration with other agencies including Early Intervention, Integrated Services, Hopewell Health Centers, and FCFC (Family and Children’s First Council) as well as many local schools. Meigs County families benefit greatly from the collaboration of agencies within the FCFC ‘Inter-systems’ program. Within this grant funded program, each qualifying family receives monthly meetings with a ‘wrap-around’ service approach that includes all participating agencies to provide individualized and effective interventions for families. Whatever the need, the monthly meetings help to highlight each family and open the door to resources to improve their daily life.

The CMH program strives to reach all eligible families in Meigs County to ensure proper medical care and service coordination needs for each child by developing community partners, and attending community meetings and events.

❖ **2023 CMH reimbursable total-\$26,970 (2022-\$23,100)**



Steve Swatzel, REHS  
Director of  
Environmental  
Health



Elizabeth Fisher, REHSIT



Carrie Cheek, REHSIT  
Hired June 2023

### 2023 ENVIRONMENTAL HEALTH ACTIVITIES

#### Food:

- ❖ 151 Food Service Operation (FSO) and Retail Food Establishment (RFE) licenses issued
- ❖ 299 Inspections of Retail Food Establishments and Food Service Operations (194 Class 1-4, 29 Temporary, 4 Vending, 72 mobile food services)
- ❖ 7 Plan reviews for new FSOs and RFEs



#### Sewage:

- ❖ 84 Sewage Installation Permits issued
- ❖ 63 Site Reviews
- ❖ 85 Sewage System Operation Permits issued
- ❖ 2 Inspections/Approvals to land apply domestic septage
- ❖ 38 Septic registrations (21 Installers, 7 Service Pros, 10 Haulers)
- ❖ 341 Inspections of Sewage Treatment Systems



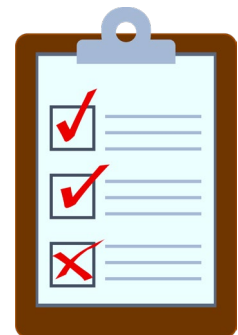
#### Animal Bites:

- ❖ 69 Rabies/Animal Bite Investigations (54 dogs, 12 cats, 1 bat, 2 raccoons)
- ❖ 10 Specimens sent for Rabies Testing (all negative)
- ❖ 83 Animals vaccinated at the Rabies Vaccination Clinic held June 10 in partnership with Dr. John Krawsczyn, DVM, of the Meigs Veterinary Clinic



#### Inspections:

- ❖ 17 Public School health and safety inspections
- ❖ 2 Inspections of Tattoo & Body Piercing operations
- ❖ 8 Public Campgrounds 1 temporary licensed and 10 inspections
- ❖ 2 Public Swimming Pools licensed, 7 inspections
- ❖ 11 Water samples collected and tested for bacterial contamination
- ❖ 65 Nuisance complaints investigated (18 solid waste, 18 sewage, 10 other, 1 mosquito, 5 housing pests, 1 unsanitary condition, 1 mold, 11 FSO)
- ❖ 6 Inspections completed of solid waste disposal facilities (active and closed)
- ❖ 16 Garbage trucks registered/42 inspected
- ❖ 1 Jail Inspection
- ❖ 7 New private water wells permitted
- ❖ Inspections at 2 closed Municipal Solid Waste (MSW) & Construction and Demolition Debris (CDD) landfills, 1 scrap tire generator, 1 large infectious waste generator, 1 CDD processing facility permit, 4 MSW transfer station facility inspections





Steve Swatzel, REHS  
Director of  
Environmental  
Health



Elizabeth Fisher, REHSIT



Carrie Cheek, REHSIT  
Hired June 2023

**Environmental Health cont.**

**Grants:**

- ❖ \$12,480 grant from OEPA-Recycle Ohio for Meigs County Cleanup Day
  - 66 volunteers
  - 252 vehicles/55 trailers
  - 1,198 tires
  - 33.8 tons solid waste
  - 15.48 tons scrap metal
  - 22 freon containing appliances
- ❖ \$93,618 funding awarded from Ohio EPA - Water Pollution Control Loan Fund (9 systems replaced, 1 repaired, 3 soil evaluations, 1 sewer connection)
- ❖ Ohio EPA Mosquito Control Grant Program for 2023
  - Treated and confirmed nuisance sites with larvicide purchased with grant
  - Participated in Kids' Day at the Meigs County Fair
  - Provided free scrap tire recycling Jan-Feb (607 scrap tires collected)
  - Removed 8 scrap tires and 2.3 tons of solid waste from an open dump on Horse Cave Road. Meigs Juvenile Court and Sutton Township assisted with the cleanup
- ❖ Awarded \$14,000 from the Gallia, Jackson, Meigs, Vinton Solid Waste District to conduct investigations and inspections in the solid waste program
- ❖ Conducted a fall scrap tire collection event (729 scrap tires and 22 farm tractor tires)
- ❖ Presented information on maintaining septic systems at the Septic Social, which was hosted by Rural Action



Elizabeth being paid for a food permit



Carrie and her shadow documenting clean-up of a nuisance site



Steve at the Septic Social



Michelle Willard, AAB  
Accreditation Coordinator/  
Plan & Policy Compliance  
Officer/Deputy Registrar



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### PROGRESS ON PUBLIC HEALTH ACCREDITATION IN 2023

- ❖ Continued PHAB Reaccreditation efforts that are due in 2027.
- ❖ Participated in 3 Get Healthy Meigs! meetings along with more than 25 other agencies.
- ❖ Courtney Midkiff and Michelle Willard have continued to serve as Chair and Secretary of Get Healthy Meigs! respectively.
- ❖ Completed the Meigs County 2023-2026 Community Health Assessment (CHA) in partnership with Holzer Health System and Gallia, Jackson, and Vinton County Health Departments and local and regional community organizations. See the MCHD website.
- ❖ Completed the 2023-2026 Meigs County Community Health Improvement Plan (CHIP). Local and Regional community organizations will work on goals for three Priority Areas associated with the CHIP: Access to Care, Mental/Behavioral Health, and Physical Activity. See the MCHD website.
- ❖ Continued to work on goals associated with the MCHD's Strategic Plan.
- ❖ Completed updates on Plans and Policies needed for Reaccreditation including: Branding, Health Equity, Providing Culturally and Linguistically Appropriate Services, and Health Promotions.

### OTHER ACTIVITIES

- ❖ Assisted with in-office and COVID-19, flu, and school-age vaccination clinics by registering patients by phone and in person.
- ❖ Provided Administrative duties as needed.





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Women, Infants, and Children Program

**WOMEN, INFANTS, AND CHILDREN PROGRAM**

The WIC Program serves income eligible pregnant, breastfeeding, and postpartum women, infants, and children up to age five who are at risk due to inadequate nutrition, health care, or both. The goal of ODH in releasing funds for the WIC Program is to protect and improve the health status and prevent health problems and promote good health within this population. This is accomplished through provision of a health and diet screening; individual and group nutrition education sessions; breastfeeding education and support; referral to prenatal and pediatric health care and other maternal and child health and human services programs; and provision of supplemental, highly nutritious foods. The United States Department of Agriculture (USDA) provides the funding for all state WIC programs. The USDA is an equal opportunity provider and employer.

WIC served an average of 390 income eligible participants as of the Close-Out Report for fiscal year 2023 including:

- ❖ 41 Pregnant Women
- ❖ 24 Exclusively Breastfeeding Women
- ❖ 6 Partially Breastfeeding Women
- ❖ 20 Post-Partum Women
- ❖ Provided 50 participants with (4) \$5.00 vouchers in conjunction with regular benefits to purchase fresh fruits and vegetables at any Ohio Farmers Market
- ❖ Attended the Meigs County Farmers' Market and participated in breastfeeding outreach activities
- ❖ 42 Exclusively Breastfed Infants
- ❖ 7 Partially Breastfed Infants
- ❖ 97 Other Infants ages 0 to 12 Months
- ❖ 153 Total Children ages 1 to 5 years

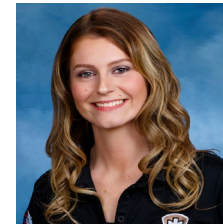
**WIC Staff:**



Sherry Eagle, CLC  
WIC Director



Jenna Petry, RN  
Health Professional



Amber Thompson  
WIC Clerk 1/1-5/5/23  
Breastfeeding Peer  
Helper 5/8/23-  
present



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Tara Lee  
WIC Clerk  
May-September  
2023



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Kaitlynn Snodgrass  
Breastfeeding Peer  
Helper  
January-April 2023



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Lindsay Cundiff  
WIC Clerk  
Hired October 2023



Ellen Mingus, RD, LD  
Contractor



Lindsey Jeffers, BHS  
CHC Project Director/  
Health Educator  
January-July 2023



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Juli Simpson, RN, BSN, LSN  
Health Educator/  
MCHP Director  
Interim CHC Director  
July-Dec 2023

### CREATING HEALTHY COMMUNITIES

**Vision:** Making the Healthy Choice the Easy Choice.

**Mission:** Creating Healthy Communities (CHC) Grant Program is committed to preventing and reducing chronic disease statewide. Through cross-sector collaboration, we are activating communities to improve access to, and affordability of, healthy food, increase opportunities for physical activity, and assure tobacco-free living where Ohioans live, work, and play. By implementing sustainable evidence-based strategies, CHC is creating a culture of health.

#### 2023 Projects and Successes

- ❖ Partnered with Eastern Local School District to repair and resurface the track. A Shared Use Agreement was also developed and adopted, allowing public use of the new track, from dawn until dusk, unless school or sport is present.
- ❖ Partnered with Southern Local School District to install new play equipment at the middle school playground location.
- ❖ Partnered with Meigs Golf Course to purchase upgraded kitchen equipment to expand concession food options and begin offering some healthy menu options starting Spring 2024.
- ❖ Partnered with Rutland Village to acquire materials to construct and install a community garden plot.
- ❖ Participated in various community events to offer healthy eating/active living resources to the public.
- ❖ Attended Chester Trick or Treat festivities to showcase a project display board to highlight recent community improvements including basketball courts, benches/fencing, walking path and lighting.
- ❖ Held a ribbon cutting ceremony at Angela Eason Park to highlight and promote a new playground area.

\*\*\*Due to various workforce issues, the CHC grant program ended December 31, 2023.





Shawn Cunningham  
PHEP Coordinator/  
PIO/MRC Coordinator



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**Public Health Emergency Preparedness (PHEP) Grant** is a federal grant administered through the Ohio Department of Health (ODH) to coordinate and better prepare various County agencies in the event of bio-terrorism or other public health emergencies.

### PHEP Accomplishments 2023

- ❖ For the Fiscal year ending 6/30/2023, the MCHD received approximately \$62,000 for Public Health Emergency Preparedness.
- ❖ A new Fiscal year began on 7/1/2023, with the grant totaling \$65,000 for Public Health Emergency Preparedness.
- ❖ Continued to assist in coordination of the MCHD's COVID-19 response.
- ❖ Assisted in the coordination of the 2023 Meigs County Clean-Up Day.
- ❖ Passed all MARCS (ODH) radio communications exercises.
- ❖ Assisted with a successful flu vaccination clinic on 10/7/2023 at the Meigs County Farmers' Market.
- ❖ Continued as a member of the Meigs County Healthcare Coalition (MCHC).
- ❖ Continued as a member of the Meigs County Local Emergency Planning Committee (LEPC).
- ❖ Continued as a member of the Meigs County School Safety Council.
- ❖ Safety literature and other media was placed around the Meigs County Fairgrounds during the county fair to remind attendees about staying healthy and hand washing, especially after being around animals.
- ❖ Used the Ohio Public Health Communication System (OPHCS) to communicate MCHD weather delays and other information of note.
- ❖ Participated in training and the update of the OPHCS platform.
- ❖ Successfully completed the following trainings: Emergency Response to Domestic Biological Incidents, Chemical Agents of Opportunity for Terrorism, Medical Countermeasures Point of Dispensing, Family Reunification, Radiological Response Considerations, Mass Fatalities Planning and Response for Rural Communities, Intermediate Incident Command System for Expanding Incidents (ICS 300), and Basic Life Support (CPR & AED).
- ❖ Continued to work on organization of the MCHD exterior storage building, which houses the Blu-Med mobile hospital trailer, the vaccine trailer, truck, and other preparedness equipment.
- ❖ MCHD truck, Blu-Med mobile hospital trailer, vaccine trailer, and generators for preparedness maintained.
- ❖ The Blu-Med mobile hospital trailer was transported to the Meigs County Fairgrounds where the Blu-Med mobile hospital was erected in a training exercise with the Regional PHEP Coordinator and PHEP Coordinators from the Southeast Central region.



Shawn Cunningham  
PHEP Coordinator/  
PIO/MRC Coordinator



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### **PHEP Accomplishments 2023 cont.**

- ❖ Participated in the ODH Medical Countermeasures Full-Scale exercise to help prepare a response for emergencies requiring the receipt and distribution of medical counter measures.
- ❖ Spoke with the Public Employee Retirees, Inc. chapter about preparedness operations for the MCHD.
- ❖ Successfully completed all PHEP deliverables and expenditure reports.
- ❖ Worked with the LEPC on updating the Meigs County Hazard Mitigation Plan.
- ❖ Shared information on the MCHD social media page about many forms of preparedness.

**Medical Reserve Corps (MRC)** is a national network of volunteers, organized locally to improve the health and safety of their communities. The MRC network comprises 990 community-based units and almost 200,000 volunteers located throughout the United States and its territories. MRC volunteers include medical and public health professionals, as well as, other community members without healthcare backgrounds.

### **MRC Accomplishments 2023**

- ❖ Assisted with a successful flu-vaccination clinic on 10/7/2023 at the Meigs County Farmers' Market.
- ❖ Several meetings were held with the Regional PHEP Coordinator and other MRC Coordinators to improve local MRC units.
- ❖ 22 local volunteers

### **MCHD- IT/Public Information Officer (PIO) Accomplishments 2023**

- ❖ Continued to update computers and software throughout the MCHD.
- ❖ Published numerous Facebook postings.
- ❖ Frequently updated the MCHD website.
- ❖ All staff compiled weekly articles for the *River Cities News* and *Meigs Independent Press*. These articles are also available on the MCHD website and through the MCHD social media pages.
- ❖ Updated digital LED signs on the outside of the MCHD building.
- ❖ Two new cameras were installed on exterior of MCHD building for security.



Juli Simpson, RN, BSN, LSN  
Health Educator/  
MCHP Director



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**CATCH**<sup>®</sup>  
MY BREATH

The **Maternal & Child Health Program (MCHP)** is an organized community effort to eliminate health disparities, improve birth outcomes, and improve the health status of women, infants, and children in Ohio. \*\*\*This grant program ended September 30, 2023.

### Adolescent Health and Resiliency

The 2023 grant funding for this program was used to support adolescent electronic cigarette/vaping prevention programming within our Meigs County school districts. The growing use of e-cigarettes, especially by young people, has become a serious public health threat in recent years. An evidence-based youth e-cigarette prevention program titled **CATCH My Breath** was implemented at the three public school districts (Eastern, Meigs, and Southern), specifically at the middle school and high school level. The MCHP implemented the curriculum at Eastern Middle/High School. A partnership with another local agency, whose scope and goals also align with adolescent prevention programming, allowed this curriculum to be delivered to Meigs and Southern school districts as well, allowing a large number of area youth to receive this important health information. Program activities in 2023 also included a media campaign with messaging to alert the public of the dangers surrounding this risky behavior. This included news articles, activities at the annual Prevention Day at the Meigs County Fair, and billboards at multiple locations within Meigs County.



### Cribs for Kids<sup>®</sup> Program

- ❖ Provided safe sleep education and pack 'n play (*Safe Sleep Survival Kit*) for **13 Meigs County families** in 2023 who did not have a safe sleep surface for their new baby.
- ❖ Since the program's beginning in March 2015, 158 local families have been provided with safe sleep education and a safe sleep surface for their baby.

Provides referrals to other mother/baby/family programs such as WIC and Help Me Grow.



Ohio Meigs County Health Department  
www.meigs-health.com • 740-992-6626





Shauna Chapman, AAB  
Administrative Assistant/  
Vital Statistics Clerk



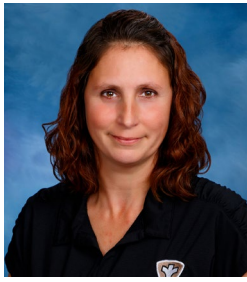
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### ADMINISTRATIVE ASSISTANT

- ❖ Assists the Administrator with a variety of fiscal activities such as typing vouchers, issuing checks, monitoring accounts payable and receivable, and preparing reports.
- ❖ Compiles and make deposits and deliver vouchers to the Meigs County Auditor's Office.
- ❖ Prepares and maintains electronic records of employee time and accrued leave.
- ❖ Performs data entry for the Nursing and Environmental Health Departments.
- ❖ Serves as the Vital Statistic Clerk, which includes issuing certified copies of birth and death records and providing genealogical assistance to the public.
- ❖ Serves as Environmental Health Clerk by assisting with issuance of licenses and permits etc. for food service operations, retail food establishments, sewage systems, private wells, public campgrounds, public pools/spas, sewage haulers, refuse haulers, and tattoo/body piercing operators.
- ❖ Assist with billing procedures/record keeping for the Nursing Department.
- ❖ Assists with registering patients for clinical services and appointments.
- ❖ Assists with answering incoming calls and re-directing as appropriate, and taking adequate messages when required.
- ❖ Assists with greeting, assisting, and/or directing visitors and the general public.
- ❖ Updates various reports and lists on the MCHD website.
- ❖ Assists Clerical Specialist with updates to bulletin boards.
- ❖ Other administrative tasks as assigned.



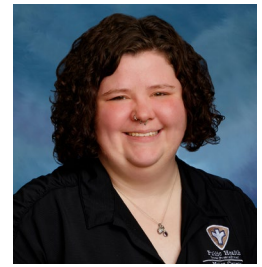


Josette Heaton  
Clerical Specialist  
January-June



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Kayden DeVore  
Clerical Specialist  
July-present

### CLERICAL SPECIALIST

- ❖ Grants entrance to all visitors.
- ❖ Answers and directs all incoming calls to the appropriate personnel.
- ❖ Collects data and information for patients pertaining to registration.
- ❖ Updates seasonal bulletin board.
- ❖ Registers patients for all clinical/nursing services offered.
- ❖ Schedules appointments for Covid-19 shots and boosters, and advise appropriate staff of patient arrival.
- ❖ Contacts patients to schedule appointments and reschedule missed appointments.
- ❖ Assists with accurate collection of monies coming into the agency.
- ❖ Assists with handling transactions for environmental department.
- ❖ Updates MCHD PowerPoint presentation to reflect current information for incoming visitors.
- ❖ Collects mail from mailbox, and distribute to appropriate addressee.
- ❖ Drops outgoing mail off at approved USPS mail receptacle.
- ❖ Other administrative tasks as assigned.





The MCHD observed its Annual Workforce Development Day and held its seventh annual Employee Recognition Luncheon on September 20. Staff members gathered at the Rutland Bottle Gas Building situated at the Meigs County Fairgrounds and participated in learning activities provided by Holzer Health System. Staff members were recognized for their hard work and dedication with a catered luncheon prepared by Broken Bread Catering.

The MCHD recognizes employees and Board of Health Members for service milestones when they complete 5, 10, 15, 25 years or more total years of service with the MCHD. To be eligible, an employee must achieve a service milestone in the previous 12 months. Service may have been on an intermittent, contractual, part-time or full-time basis.

Honored in 2023 with a certificate reflecting years of service with the MCHD:

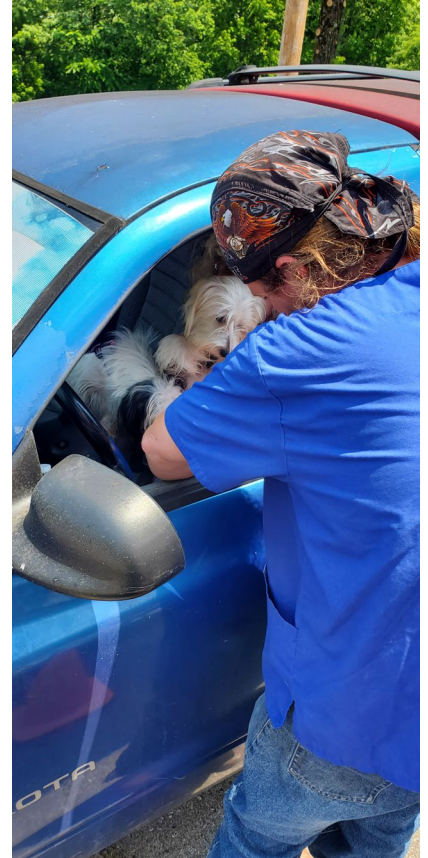
- ❖ Shauna Chapman (Administrative Assistant)-5 years of service
- ❖ Leanne Cunningham (Director of Nursing)-20 years of service
- ❖ Courtney Midkiff (Administrator)-25 years of service



## MCHD Outreach-Meigs County Clean-Up Day 2023



## MCHD Outreach-Meigs County Rabies Vaccination Day 2023



**Other MCHD Outreach & Activities**

Angie and Courtney attending and presenting at the Harm Reduction Chamber Lunch & Learn



WIC, CMH, and Maternal & Child Health attending Kids’/Prevention Day at the Meigs County Fair



Flu Shots, Narcan, and Anti-Vaping Information Provided at the Carleton Health and Wellness Fair



Holzer Health System provided Basic Life Support (CPR and AED) training for select MCHD staff December 6, 2023.





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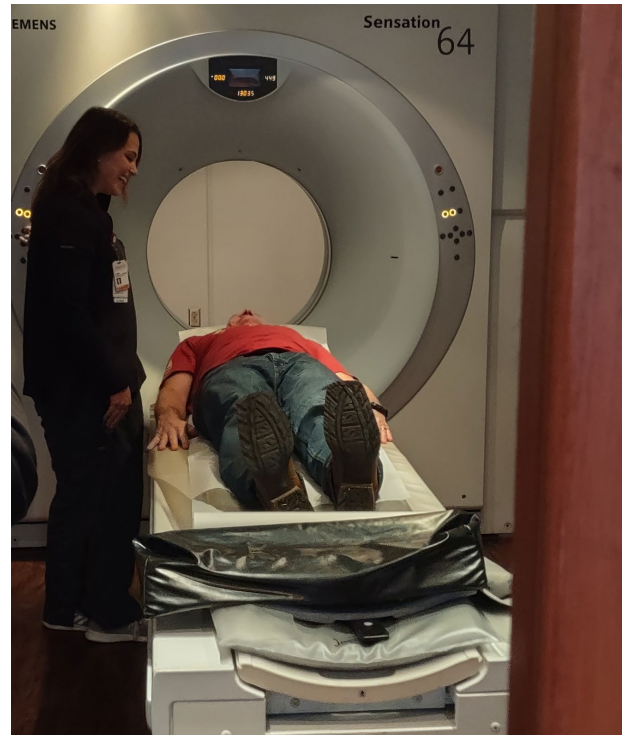
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The MCHD and MCCI partnered with The Ohio State University James Comprehensive Cancer Center to pilot a mobile lung screening program. Four Meigs County residents were screened November 9, 2023 on the site of the former Veteran's Memorial Hospital. A second screening originally scheduled for November 28th was postponed due to technical issues. The lung screening unit is scheduled to return to Meigs County in March 2024.



MCHD and OSU staff. Not pictured: MCCI members and two volunteer Meigs High School Nursing students.



Tour of the screening unit and CT demonstration



OSU Mobile Lung Screening Unit-Will be Branded by the Next Visit



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### SEVENTH ANNUAL FLU SHOT CLINIC

In October 2023, the MCHD held the seventh annual flu shot clinic in conjunction with the Meigs County Farmers' Market. MCHD staff were assisted by Ohio University Nursing students.



# MCHD Christmas Party 2023

MCHD staff had their annual Christmas party on December 13, 2023 at the Meigs County Golf Course. Food was catered by Up in Smoke. Staff participated in games and pleasant conversation.





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MCHD staff members had a little fun decorating snowmen in December, which were displayed by the reception desk.

